



## CERTIFICATE of RECOGNITION

*By virtue of the authority vested by the Constitution in the Governor of the Commonwealth of Virginia, there is hereby officially recognized:*

### SANDWICH GENERATION MONTH

**WHEREAS**, the "Sandwich Generation" is defined as those caring for their children as well as their own aging parents; and

**WHEREAS**, according to the Pew Research Center, just over 1 of every 8 Americans aged 40 to 60 are both raising a child and caring for a parent, in addition to between 7 to 10 million adults caring for their aging parents from a long distance; and

**WHEREAS**, with the US Census Bureau statistics indicating that the number of older Americans aged 65 or older will double by the year 2030, to over 70 million; and

**WHEREAS**, the great State of Virginia has an active, productive Sandwich Generation population; and

**WHEREAS**, communities throughout the United States will be both commemorating and celebrating the month of July as a tribute to the dedication, patience and caring of adults who are part of the Sandwich Generation; and

**WHEREAS**, on behalf of the people of the great State of Virginia I salute all members of the Sandwich Generation, those they care for, and those who support them;

**NOW, THEREFORE, I**, Timothy M. Kaine, do hereby recognize July 2009 as **SANDWICH GENERATION MONTH** in the **COMMONWEALTH OF VIRGINIA**, and I call this observance to the attention of all our citizens.



Governor

Secretary of the Commonwealth